



# grenfell preschool & long day care centre

newsletter

31st January 2012  
Issue 2

## Pre School

Welcome back to our preschool students and their families. If you are concerned over anything please come and see us and we will do our best to help you out.

We wish all our ex students, going off to school for the first time, a great time and we all hope they enjoy their school days.

## Helping Your Child Settle In

Coming to a child care centre for the first time can be a big step for children and parents. Children all react differently to changes. Some children and parents are uncomfortable with change and can find this initial settling in period difficult to manage. The settling in process needs to be individualised for each family. It is important for us to know how you and your child are feeling during this time. We want to be a support during this time of transition. Please talk to us so we can help you by addressing any concerns and issues.

## Parent Involvement

It is important to establish a good relationship with all parents at our service. Only through effective communication can the best interest of the child and the family be achieved.

## Term Event

Once a term the Committee runs an event for the families of the centre. A Family Fun Day will be held on Saturday 3<sup>rd</sup> March at Rotary Park. Starting at 4.30pm and finishing at 6.30pm a bbq will be provided. The children can play games and it is a great way for all the families to get to know one another.

## New Equipment for our Services

The committee have agreed to purchase some new play equipment for the centre. A new cubby house, an activity centre and boat. It won't be at the centre until the end of term and hopefully we will have it all up and ready for the children next term.



## Head Lice

Head lice are about so please check your children's hair. Even if you shampoo your child's hair with a head lice shampoo you will still need to check the hair for eggs and comb the hair with a fine tooth comb to get rid of them.

## Information Night

At our General meeting March 12th there will be an information night for all. If you are unsure about the running of the centre or how things are done please come along and find out. Ask Questions and help us to help you. We will talk about how we program for your children using the EYLF, our funding and policies of the centre. Get to know the staff in your child's room and feel free to ask about any concerns you may have.

One question might be why we enforce the wearing of broad brim hats while outside and the answer would be that baseball caps do not provide adequate sun protection leaving children's ears cheeks and the back of their necks uncovered and exposed to UV rays.

## Email Story of the Day to You.

If you would like the story of the day emailed to you please let the staff know.

## Before and after school Care

Our centre offers before and after school care. There are buses running to and from both schools during the school term. Please do not hesitate to find out more by asking at the office

## Gardening

We are after volunteers to go on a roster for garden duties which will include such things as trimming trees and bushes, weeding garden beds, turning soft fall once a term etc. The more people we get to have a roster system going the less times you have to attend. If you are willing please see Sharon or one of the committee members.

### Triple P Parenting Program

In 2012 the Centre ran a Triple P Parenting Program and for those that went each found that there were significant positive outcomes for both parents and children.

Parents that did the course reported that they are more confident as parents and it was helpful to their families.

This year, if we have the numbers, we will run the program again. We have been offered a day course and a night one. If you are interested please put your name on our list as to which course you would like. I am hoping to have it up and running by March or April. Triple P is hoping to offer free childcare so both parents can attend. It will have to be first in to take up that offer.

### Visitors

Occupational Health and Safety Regulations require the Centre to get all visitors to sign in and out of the Centre. A visitor is any person, other than parents picking up and dropping off their children, who will be staying at the Centre longer than 10 minutes. The visitor's book is located in the foyer.

### Library

Children are able to borrow books from our library. If you bring your child to the Centre please select a book with your child and complete your child's library card. Please write down the title of the borrowed book on the supplied library cards and tick it off when returned. For children travelling on buses, staff will assist children with borrowing a book. Please pack a library bag (not plastic) and children can select their library book on arrival. Reading to your child is an essential part of helping your child to learn to read.

### Devising and Reviewing Policies

- Staff are consulted in the initial stages.
- A notice is placed in the Newsletter asking for feedback and/or suggestions from families.
- The policy is researched and a draft is prepared.
- The draft policy is taken back to staff and any amendments are made.
- The amended policy is taken to the Committee and adopted after any further changes are made.
- Details of the new or revised policy are placed in the Newsletter and discussed at the next General Meeting.
- Copies of all policies are placed in two Policy Manuals; one which is kept in the front foyer for all families to have easy access to and another in the Rainbow Room. The Policy Index at the front of each manual states when the policy was

last reviewed and when it is next due to be renewed. All policies are reviewed on an annual basis.

We encourage all families to have a look through the Policy Manual and welcome any questions or comments you might have.



### Committee Corner

#### Gardening

We are after volunteers to go on a roster for garden duties which will include such things as trimming trees and bushes weed garden beds turn soft fall once a term etc.. If you are willing to help up please see Sharon or one of the committee members.

#### Policies reviewed

Administration of medication  
Excursions  
Emergency procedures  
Water safety

#### Policies under review

Philosophy

### Family Service Plan

Over the next few weeks we are asking you to look at your family service plan and perhaps either discuss them with your room teacher or just fill them out and leave with a staff member. Forms are available from the staff in each room for you to fill out.

Filling them out will help to provide an even better standard of reaching goals for your children in our centre.



### Dates to Remember

**Fun day in the park – 3<sup>rd</sup> March 4.30 to 6.30pm**  
**Information night March 12<sup>th</sup> at 7.30pm**

### Contact us

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