



# grenfell preschool & long day care centre

newsletter

25<sup>th</sup> January 2010

## New Enrolments

It has been a delight to see the children arriving back at the centre for the start of 2010. This certainly indicates that the Centre is fulfilling a need in our community.

## Helping Your Child Settle In

Coming to a childcare centre for the first time can be a big step for children and parents. Children all react differently to change. Some children and parents are uncomfortable with change and can find this initial settling in period difficult to manage. The settling in process needs to be individualised for each family. It is important for us to know how you and your child are feeling during this time. We want to be a support during this time of transition. Please talk to us so we can help you by addressing any concerns and issues.

## Parent Involvement

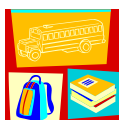
It is important to establish a good relationship with all parents at our service. Only through effective communication between staff and families, can the needs of the children and families be met.

## Family Service Plan

Over the next few weeks, we are asking you to look at your family service plan and perhaps either discuss them with your room teacher or just fill them out and leave with a staff member. Forms are available from the staff in each room. Filling them out will help to provide an even better standard of reaching goals for your children in our Centre.

## Visitors

Occupational Health and Safety Regulations require the Centre to get all visitors to sign in and out of the Centre. A visitor is any person, other than parents picking up and dropping off their children, who will be staying at the Centre longer than 10 minutes. The visitor's book is located in the foyer



## Library

Children are able to borrow books from our library. If you bring your child to the Centre, please select a book with your child and complete

your child's library card.

Please write down the title of the borrowed book on the supplied library cards and tick it off when returned. For children travelling on buses, staff will assist children with borrowing a book. Please pack a library bag (not plastic) and children can select their library book on arrival. Reading to your child is an essential part of helping your child to learn to read

## Jobs, Education and Training (JET) Child Care

JET Child Care fee assistance helps with the cost of approved child care for eligible parents undertaking activities such as work, job search, training, study or rehabilitation as part of an activity agreement, to help them enter or re-enter the workforce. For further information on your eligibility for Jet Child Care fees contact the Family Assistance Office on 136150 8am-8pm Mondays – Fridays or see the notice board for a facts sheet.

## Reminder

Please remember to label all of your child's clothing, lunch boxes and drink bottles.

**Notice of change to booking forms must be completed for all changes.** They are available from the website, the Foyer at the centre or you can ask any staff member and they will be happy to help.

## Fees

Grenfell Preschool and Long Day Care Centre is a not for profit organisation. We endeavour to maintain a fee structure that is affordable and sustainable. Grenfell Preschool and Long Day Care Centre delivers a high quality educational service, which is subsidised by the Federal and State Governments however, to meet the Centre's financial commitments and keep our wonderful resources for the children up to date, we remind everyone that accounts should be paid within 14 days. Children's positions will be cancelled if the Centre's policy is not being met.

## Staff

We are delighted to welcome our new staff members to our team.

We welcome Katie Ryan to the **Garden Room**. Katie is Diploma trained and will be working alongside Emily Riley this year. Katie had been working at Annette's in Young before joining our team. Lisa Jones and Lyn Hewen will be working alongside Nicole Reid, Kim Durham, Laraine Bland and Dean Cawthorne in the **Rainbow Room**. We are also very pleased to have Laraine back full time. Belinda Bourke and Rochelle Alberton will be working together in the **Star Room**. Tracey McKellar will be teaching at Quandialla and Margo Oliver will be assisting her. Our Casual childcare workers are Zovi Armstrong Erin Scott – Lorraine Harveyson – Sharon Nealon Clare Walker – Ngaire Soley –Jenny Daley –Helen Smith – Rebecca Smith –Belinda Stevens -Kellie Frost.

### Staff Training

Congratulations go to Dean Cawthorne for passing his first year Diploma studies and Tracey McKellar who is studying a Bachelor of Education. Nicole Reid, Lyn Hewen, Lisa Jones, Belinda Stevens and Helen Smith will begin studying this year and we wish them well.

### Change of Rooms.

Due to the number of children in the Garden Room, we have decided to move the Garden room to the Star room and the Star Room to the Garden room. The Staff will be there to assist any parents having trouble finding their new room



### Fun Day in the Park

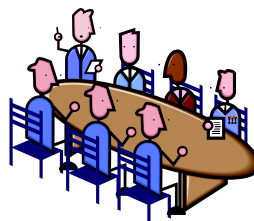
Each term we try to hold a function that involves all our families and friends at the centre. This term we are having a fun day in Taylor Park on the 27th March at 5pm.

Grenfell Child and Family Network group, which includes Community Health, Preschool, Centa Care, and Playgroups, will be combining with us. They will all help to organise and run separate children's activities on the day such as a Jumping castle, face painting, easel painting, sausage sizzle and maybe an animal farm. Put the date in your calendar and come along and enjoy the fun and get to meet the people in our community. I will give you updated information in each newsletter as I get it. We will need some people to help with the sausage sizzle. Scott Metcalfe, James Clifton and Tim Woods did a fantastic job at the end of year celebrations cooking all those sausages. If you could help with the cooking on the day please let Sharon know.

### Policy under Review

Bus Policy, Programming Sun Protection policy

### Committee Corner



**Next committee meeting - 8<sup>th</sup> February 2010**  
**General meeting: 8th February 2010 at 7pm**

Once a month, the management committee will have a corner of the newsletter to inform families of what they are doing to help see the centre fulfil the needs of the families and the community

Hi everyone. My name is Donna Gibbons and I am currently the Vice President on the Committee. I am looking forward to contributing a column in the future on behalf of the committee on the goings on for the past month.

The committee along with Sharon met with Richard from Lachlan Valley Landscaping to begin preparations for the Rainbow Room playground upgrade. This meeting turned out to be valuable in preparing the centre for the upgrade. We have been informed of a timetable of at least six weeks for the works. Therefore, we ask all families to be patient whilst the works get underway knowing that the result will be fantastic for the children in the centre.

The committee have also had the unpleasant task of considering fees for the future. The costs of running the centre have been revised and a shortfall has been recognised. We urge all parents to attend the next General Meeting where this will be discussed in more detail.



Sally's  
Snacks

Sally's snacks are back by popular demand. Each newsletter I will place recipes in it that have been tried and tested. This year I am asking everyone to contribute to the column. Email me [sharon@grenfellpreschool.com.au](mailto:sharon@grenfellpreschool.com.au) or write it out and leave for me your favourite recipes Maybe we could put them all together as a book at the end of the year. This week's Recipe comes from Emily Riley

## No Bake Jam Drops

These No bake treats are delicious. Try using half weet bix and half-rolled oats for a nuttier treat.

Ingredients:

2 ½ cups crushed Weetbix

2 tablespoons of honey

1 cup of softened butter

½ cup of icing sugar

Strawberry jam

Method: Mix butter, icing sugar and honey together until smooth. Stir in the cereal thoroughly. Place a large piece of baking paper on a flat baking dish and spoon the mixture on to the paper in a small serving amount. Lightly pat the small mounds down.

Add a small dollop of your favourite jam in the centre of the cookies. Refrigerate for at least 30 minutes. Store in air – tight container in the fridge. Makes approximately 3 dozen jam drops

## Human Swine Influenza

This winter, a new influenza A virus, H1N1 influenza 09 (formerly called human swine influenza), will continue to spread in NSW, along with other influenza viruses seen each winter. H1N1 influenza 09 produces a mild illness in most, a severe illness in some and is a moderate illness overall.

Children aged 0-4 years had had the highest rate of hospitalisation. Please see your local practitioners about vaccination

## For Sale

1 Valco "Vee Bee" 3-wheeler pram (suitable for newborn – 22 kgs) - \$190

1 Mother Craft stroller (suitable for newborn – 22 kgs) - \$70

1 Safe-n-sound convertible car seat (suitable for newborn – 18 kgs) - \$180

1 Zuuluu car seat (suitable for newborn – 18 kgs) - \$60

1 baby intercom set - \$40

1 Avanti Bottle microwave sterilizer (plus some bottle accessories) - \$30

1 Mothers Choice high chair - \$50

1 Mother Craft baby rocker - \$50

All come from pet & smoke free environment  
Will sell individually or a price for a package deal can be negotiated

Instructions for most items are included  
Perfect package deal for home & grandparents  
Less than 2 years old & in good condition.

For more information, please call:

Brendan & Belinda

02-63432915



Dates to remember

**FunDay in the Park**

**Where- Taylor Park**

**27<sup>th</sup> March 2010 5pm-7pm**

**Community Health Centre – Immunisation  
Clinic –**

**Is the Third Wednesday of the month**

**17<sup>th</sup> February 2010**

**General Meeting**

**Monday 8th February 7pm**

## Contact Us



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