



# grenfell preschool & long day care centre

newsletter  
24th August 2009

## AGM – 21<sup>st</sup> September 2009

**Are you interested in becoming more involved in the day-to-day running of the Centre?**

**Would you like to be part of our Management Committee?**

The Management Committee of Grenfell Preschool & Long Day Care Centre is elected each year at the AGM. The Committee comprises of seven members, 4 Executive members (President, Vice-President, Secretary and Treasurer) and 3 Ordinary members.

The Management Committee has ultimate responsibility for the operation of the Centre including:

- overseeing the activities of the Centre and ensuring the Centre meets licensing obligation.
- controlling the Centre's money and ensuring proper financial records are kept.
- hiring new staff and ensuring work conditions and salaries are in accordance with Awards.
- setting fee levels and developing policies.
- ensuring the premises are maintained and promoting the Centre to the community.

If you are interested in being part of our Committee please come along to the AGM. Everyone is welcome! Nominations and elections take place at the AGM. **This year written nominations will be accepted prior to the AGM. A Nomination Form is attached to the newsletter and will also be available from the office or on our website.**

We invite all parents to come along to the AGM and to become more involved in our fantastic Centre.

**Annual General Meeting  
Monday 21<sup>st</sup> September 2009 at 7:00pm.**

**We look forward to seeing you there!**

## Staff

Sharon has returned from Holidays and will be teaching at Quandialla on Wednesday with Lisa while Tracey is away. Laraine Bland filled in for Rochelle while she had an RDO on Friday. Laraine will be back full time in October and has agreed to do some extra work if needed. Helen Smith is working Monday for Dean while he has an RDO.



## Healthy Eating

We have been trialling fresh fruit and vegetables for morning tea that help provide healthy eating, and it has been a real success. The staff and some parents have commented on how children that do not normally eat fruit for morning tea are eating it. They are eating a variety of fruit and vegetables and at times do not seem to want any more to eat other than the fruit. This week the children in the Star room have enjoyed the raw beans and snow peas that have been brought in and Belinda said they were the first things eaten. The children have easy access to any other food that they have brought along for the day as well. They have also learnt to serve their own fruit using tongs and serving it onto their own plate.

## Changes to our Constitution

A few minor amendments are required to be made to our Constitution. These amendments were discussed at last year's AGM. In order to have these amendments adopted by our Association, a Special Resolution must be passed at a general meeting.

We must also advise our members in writing that a motion will be made at the AGM to have a Special Resolution passed and these amendments made to the Constitution. Accordingly, **Notice of General Meeting and Special Resolution is attached to the newsletter.** Please take note of the contents of this Notice and if you have any questions please contact the office or any member of the Management Committee.

## New resources for the children

Our new resources have started to arrive at the centre. Kim said it was like Christmas when she allowed the children to help unpack them before given the opportunity to explore and play with them.

## The Book Fair

The Book Fair started on the 17<sup>th</sup> August and runs for 2 weeks. The books in the foyer are selling well and each day the staff read some of them that the children have picked.

## Notice of Change to Bookings

Please make sure your Change to Booking form is in by 5pm to give a full 2 weeks' notice e.g. if your child attends on a Tuesday notice given must be in by 5pm on the Monday.

## Work Experience Students

Starting this week and continuing for the next few weeks there will be tafe students doing work experience at our centre. The Tafe teacher Stephanie Hunter will also be in throughout their stay to access their work.



## Total Learning Fundraiser

Thank you to everybody that bought books! Lindy and Andrew Frampton from Total Learning Fundraiser have donated some great books for our library. Lindy and Andrew are amazing people and are always happy to help others. They made a fantastic dinosaur cake to celebrate our book fair and also Kim's birthday. It was incredible and greatly welcomed by the children and staff.

## Child Care Benefit payment (CCB)

Reminder: You only have 4 weeks to have your child's 4 Year immunisation completed, otherwise Centrelink will cancel your CCB payments until they are immunised. **"Be Wise and Immunise"**

Immunisation Clinics are held at the Grenfell Community Health Centre on the 3rd Wednesday of every month. Phone 6343 1811

### Upcoming Clinics for 2009:

- 16th September
- 18th November
- 21st October
- 16th December



## Ideas for Parents

The Cowra Family support Service is conducting a **FREE** parent programme in Grenfell on Thursdays starting at 1pm at the Grenfell Community Health Centre Camp St Grenfell.

The program aims to assist parents to understand and manage their children's behaviour. Being a parent can be hard work so why not consider joining the programme. For bookings contact Jan, Lynne, or Heidi on 02 6342 3432.

## Day Out with Thomas

Cassie Eppelstun has 4 tickets for sale for a Day Out with Thomas, at the Rail Heritage Centre, Thirlmere on Saturday 19<sup>th</sup> September 2009. The tickets are for 2 adults and 2 children for \$100. You meet with Thomas, ride with Henry, and get to watch Toby, Donald and the troublesome Trucks. There is a Movie station, jumping castle. Face painting, Story Telling and a mini Train Ride. You

can take a rail discovery Tour too. There are all the family facilities available for a great day out. Phone Cassie on 6343 2721.

## Head Lice

There has been a case of head lice at the Centre so please keep checking your children's hair each day. A confirmed or suspected case of head lice on a child at the Centre is exclusion until appropriate treatment has started.

### HOW DO I KNOW IF MY CHILD HAS HEAD LICE?

Many head lice infections cause no symptoms, and probably less than half cause itch. Therefore, you have to LOOK to find out if your child has head lice. Do not rely on itching and scratching. Eggs are not difficult to see; use a strong light and look on the hair shafts. Newly laid eggs are usually within 1.5cm of the scalp while older eggs are higher up the hair shafts. If you are not sure whether an object you find is a head louse egg, try sliding it up the hair shaft. Eggs are usually quite difficult to move, whereas hair muffs and other items slide easily. However, finding live lice can be difficult since the climbers move away quickly from disturbances in the hair, and they are very difficult to see. An easy way to find the climbers is to use the conditioner and nit comb technique:

1. Apply conditioner to dry hair aiming to cover each hair from root to tip with a layer of conditioner.
2. Detangle the hair using an ordinary comb.
3. Immediately comb the hair with a fine toothcomb.
4. Wipe the conditioner off the fine toothcomb onto a paper tissue and look for lice and eggs.

Repeat the combing for every part of the head at least 5 times. If you find lice, your child should be treated immediately.

## Dates to Remember



AGM

Monday 21<sup>st</sup> September at 7pm

Community Health Centre – Immunisation Clinic  
Wednesday 16<sup>th</sup> September 2009

Book Fair

24<sup>th</sup> - 28<sup>th</sup> August 2009

Reminder to return all Enrolment Forms please

## Contact Us



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